ASSESSMENT FOR INITIATION OF TRANSANAL IRRIGATION

IN CONJUNCTION WITH THE **‘DECISION GUIDE’**

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| Patient Name | Click or tap here to enter text. | Healthcare Professional | Click or tap here to enter text. |
| DOB | Click or tap here to enter text. | Hospital/Community | Click or tap here to enter text. |
| NHS/Unit No. | Click or tap here to enter text. | Date | Click or tap here to enter text. |

**SUMMARY OF BOWEL DYSFUNCTION AND OTHER TREATMENTS TRIED:**

Inadequate response to conservative treatment and/or lifestyle changes OR is unable to initiate these due to medical condition

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| **DIAGNOSIS OF** (check box ⌧)[ ] Constipation (slow transit, opioid, IBS-C, idiopathic)[ ] Faecal incontinence (urge/urgency, passive, post defaecation)[ ] Low anterior resection syndrome (LARS)[ ] Evacuation difficulties (obstructed defaecation)[ ] Neurological (SCI, MS, Parkinson’s, spina bifida, cauda equina) |

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| **POINTS FOR ASSESSMENT** (check box ⌧)[ ] Toilet position/evacuation technique[ ] Stability on toilet/good balance[ ] Manual function/dexterity/strength/wrist flexibility[ ] Body habitus/buttock contour/size[ ] Skin integrity[ ] Psychological function – cognitive, language, visual[ ] Examination features/perianal sensation/anal tone[ ] Medical/surgical history[ ] Home environment[ ] Availability of care provision (if carers are required to assist) | **ASSESSMENT FOR IRRIGATION:**Click or tap here to enter text. |

**RESULTS OF DRE:**

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| Dates of DRE | **Click or tap here to enter text.** |
| Who completed | **Click or tap here to enter text.** |
| ResultsFull/empty rectumHard/soft stool | **Click or tap here to enter text.** |

**FOLLOWING ASSESSMENT DISCUSS:**

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| How TAI works | **Choose an item.** |
| Risks (including perforation) | **Choose an item.** |
| Benefits of TAI | **Choose an item.** |

**CONTRAINDICATIONS:**

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| **Irrigation should not be used under the following circumstances (absolute contraindications):** |
| * Known anal or colorectal stenosis
* Colorectal cancer/pelvic malignancy pre surgical removal
* Acute inflammatory bowel disease
* Acute diverticulitis
* Within 3 months of anal or colorectal surgery
* Within 4 weeks of endoscopic polypectomy
* Ischaemic colitis

**Since the list is not exhaustive a healthcare professional should always consider individual patient factors as well.** |

**CAUTION**

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| **Rectal irrigation is not recommended for:** |
| * Children below 3 years of age
* Pregnancy or planned pregnancy or breast feeding
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| **Use rectal irrigation only after careful discussion with relevant medical practitioner under the following circumstances (relative contraindications):** |
| * Inflammatory bowel disease (e.g. Crohn’s disease or ulcerative colitis)
* Active perianal sepsis (fistula or abscess, third or fourth degree haemorrhoids)
* Previous rectal or colonic surgery
* Diarrhoea of unknown aetiology
* Faecal impaction/rectal constipation
* Severe autonomic dysreflexia
* Severe diverticulosis or diverticular abscess
* Abdominal or pelvic irradiation
* Long term steroid therapy
* Anti-coagulant therapy
* Low blood sodium
* Previous severe pelvic surgery
* Colonic biopsy within the past 3 months
* Use of rectal medications for other diseases which may be diluted by irrigation
* Congestive cardiac failure
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**PROMS TO BE COMPLETED AS PER CONDITION:** (before 1st irrigation and at 3 months)

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| **PAC-SYM score** | **ICIQ-B score** | **NBD score** | **LARS score** | **Other score** |
| Before: | After: | Before: | After: | Before: | After: | Before: | After: | Before: | After: |
| Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. | Click or tap here to enter text. |

**CHOOSING EQUIPMENT:** (check box ⌧)

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| Irrigation regime to be used at home (from decision guide) | Regime 1 | [ ]  | Regime 2 | [ ]  | Regime 3 | [ ]  | Regime 4 | [ ]  |

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| Low volume +/- extension tube | [ ]  | High volume cone | [ ]  | High volume catheter | [ ]  | Bed system | [ ]  |
| Product chosen: | **Choose an item.** |

**TEACHING PATIENT:** (check contraindications for chosen product)

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| 1. Show product in packaging
 | **Choose an item.** |
| 1. Demonstrate how to assemble equipment
 | **Choose an item.** |
| 1. Once assembled:
* Demonstrate filling of water bag
* Demonstrate how to prime the system (run water through the system)
 | **Choose an item.** |
| 1. Using the plastic rectum show insertion of cone/catheter system
* How to hold cone in rectum
* Inflation of balloon (if using catheter system) as per manufacturers guidance
 | **Choose an item.** |
| 1. Once in place:
* Demonstrate how to instil water
 | **Choose an item.** |
| 1. Demonstrate:
* Removal of cone
* Deflation of balloon
* Emptying of water
 | **Choose an item.** |
| 1. Show how to dispose of single use equipment
 | **Choose an item.** |
| 1. Demonstrate cleaning and storing of the equipment
 | **Choose an item.** |
| 1. Has the patient demonstrated use of equipment?
 | **Choose an item.** |
| 1. The patient has completed first irrigation in clinic/home?
 | **Choose an item.** |
| 1. Ordering information given to the patient?
 | **Choose an item.** |

If the patient is unable to use the transanal irrigation system in the clinical setting encourage the patient to repeat the above process to ensure a complete understanding and knowledge of how to use the equipment.

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| **Date:** | **Signature (HCP):** | **Print (HCP):** |
| **Date:** | **Signature (Patient):** | **Print (Patient):** |

**FOLLOW UP REVIEW:**

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| HCP to complete patient home information booklet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**→** Review regime/routine (ensure daily, is morning convenient, should this be changed to evenings?)

**→** Volumes and results (is volume of water enough or too much?)

**→** Compliance (ensure continuing to find optimal routine)

**→** Technique (check technique, assembly of system, address any problems)

**→** Supplies (is the patient getting regular supplies and on time?)

**→** Adjust, alter, and encourage to persevere

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| **Follow up 1 date** (after 1-2 weeks)**Click or tap here to enter text.** |

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| **Follow up 2 date** (after 4 weeks)**Click or tap here to enter text.** |

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| **Follow up 3 date** (after 6-8 weeks)**Click or tap here to enter text.** |

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| **Follow up 4 date** (after 3 months)**Click or tap here to enter text.** |