

# qufora club<sup>®</sup>

## latest news

### *Sharing experience, hints and tips around irrigation*

- [Cost of Constipation Report](#)
- [Qufora IrriSedo Klick - your patients approve it!](#)
- [Confidence with Qufora](#)
- [Dates for your diary.](#)

### **Cost of Constipation Report**

Second Edition 2019

Feeling well and healthy is something that we all strive for, and possibly take for granted at times. As a nation we are certain to consult a GP for a multitude of problems. However, when it comes to constipation many are too embarrassed to discuss and suffer in silence. As a result, this ultimately exacerbates the problem, not only physically and psychologically to the individual but also with a cost implication to the NHS.

The Bowel Interest Group (BIG) has produced a remarkable second edition of the "Cost of Constipation Report". As BIG point out, the facts and figures speak for themselves and continue to rise year-on-year. Examples of figures for 2017/2018:

- £162 million spent by NHS England on treating constipation
- £9,366,215 spent on GP appointments each week for constipation
- £91 million spent on prescribing laxatives
- In England there were 71,430 hospital admissions for constipation, that is an equivalent of 196 patients per day, with 163,128 days spent in hospital beds

Thank you to the Bowel Interest Group for raising such awareness. Now is the time for us all to work together in resolving what clearly is an astounding problem. [Click here to read a full report.](#)



## Qufora® IrriSedo Klick - *New!*

- confidence to enjoy life



**We have had great feedback from patients since we recently launched Qufora IrriSedo Klick...**

*"Find this a lot better to use, the bag is very useful, I like the lubricant much better. The catheter is a lot easier to insert, a lot quicker to do and much better. I love it!"*

*"very easy to put together & take apart. Catheter much better to use, less intrusive. I am more keen to make use of it"*



**We would love to hear your feedback!**

## Confidence with Qufora

At MacGregor Healthcare we strive to provide medical products and support service that improves your patients lives.

It is very rewarding and inspiring when your patients share their success stories, using Qufora, with us and other patients.

*"Thank you for your informative email.*

*I have been using the balloon system now for 2 years as having had bowel cancer, have just been given the 5 years clear, hurrah!*

*I have had the courage to go back to work and have a social life since using the irrigation system, this is now me for the rest of my life as without this system I would most defiantly have asked to have the stoma bag back, which I had while my bowel healed but my bag leaked sometimes and had to wear clothes that disguised the bulge.*

*I feel more confident now and no longer feel like a prisoner in my own home and have my life back"*

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## **Education days for your diary.**

Are you coming to the following events to learn more about available treatments for your patients experiencing continence issues?

Just click on the events for more information or book your space.

- **MASIC - 17 September, Leicester**
- **Training - Adult Bowel Education Day - 26 September, Manchester**
- **Pelvic Floor Dysfunction - A Multi-Disciplinary Approach - 3 October, Durham**
- **Training - Paediatric Continence Promotion Day - 17 October, Manchester**
- **Continence matters: Introduction to managing the neurogenic Bowel in Spinal Cord Injury - 15 October, Manchester**

## **This is your Qufora Club**

Please contact us and share your thoughts, feedback and ideas.

You can email us at [info@macgregorhealthcare.com](mailto:info@macgregorhealthcare.com) or you can enter your information on our [Contact Us](#) form on our website and we will get back to you as soon as possible.



*"To provide quality medical products and a world class service to help people have a more fulfilled life"*



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