

# qufora club®

## latest news

### *Sharing experience, hints and tips around irrigation*

- [Watfords LARS pathway](#)
- [Easy Klick system for you and your patients](#)
- [Dates for your diary](#)

### **The Watford low anterior resection syndrome pathway for pre- and post- stoma reversal patients**

Deborah Sumner, Brigitte Collins

Approximately 8680 patients have an anterior resection each year for bowel cancer, with 6600 having a stoma (National Cancer Strategy, 2018). Advancements in colorectal surgery has seen the use of sphincter-preserving rectal surgery with a low colorectal or colo-anal anastomosis (Berger et al, 2016), involving a temporary ileostomy, which is considered standard practice for most colorectal surgeons in the UK (Powell-Chandler et al, 2018). Following reversal of a stoma there is increasing awareness of the high incidence of bowel dysfunction experienced by patients, defined as low anterior resection syndrome (LARS). Protocols for treatment strategies are somewhat limited until the publication of the '**Watford LARS pathway**', which outlines strategies in the management of symptoms post stoma reversal and prior to stoma reversal. Well done Deborah Sumner, Senior Nurse Practitioner, West Hertfordshire NHS Trust, in developing a much needed and incredible service/pathway that can only advance patient care in this group of patients.

You can read full article [here](#) or ask your local Qufora representative to send it to you.

Berger et al (2016) Low anterior resection syndrome: current management and future directions. Clin Colon Rectal Surg, 29(03);239-245

National Cancer Strategy (2015) [www.england.nhs.uk/cancer/invest/](http://www.england.nhs.uk/cancer/invest/)

Power-Chandler et al (2018) PARiS (Physiotherapy and Anterior Resection Syndrome) Trial Management Group. Feasibility study protocol. BMJ Open, 8(6);e021855

## **Easy Klick balloon system for you and your patients**

*"I have been using Qufora balloon irrigation system now for about 2 years as having had bowel cancer, have just been given the 5 years clear, hurrah !*

*I have had the courage to go back to work and have a social life since using the irrigation system, this is now me for the rest of my life as without this system I would most of definitely have asked to have the stoma bag back, which I had while my bowel healed but my bag leaked sometimes and had to wear clothes that disguised the bulge.*

*I feel more confident now and no longer feel like a prisoner in my own home and I have my life back."*



# Qufora® IrriSedo Klick

- confidence to enjoy life



We designed a **new balloon system** for you!



- ▶ **Easy to assemble** - simple click on/off connectors
- ▶ **Easy to use** - a choice of gravity or pump
- ▶ **Feel confident** - discrete packaging
- ▶ **Easy to learn** - logical 1-2-3-4 control unit

Your new choice of **Rectal Irrigation** system!



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**Education days for your diary.**

Are you coming to the following events to learn more about available treatments for your patients experiencing continence issues?

**Just click on the events** below for more information or book your space.

- [Pelvic Floor Dysfunction - A Multi-Disciplinary Approach - 3 October, Durham](#)
- [Training - Paediatric Continence Promotion Day - 17 October, Manchester](#)
- [Continence matters: Introduction to managing the neurogenic Bowel in Spinal Cord Injury - 15 October, Manchester](#)
- [The Pelvic Floor Society \(TPFS\) annual conference 2019 - 6-8 November, Plymouth](#)

## This is your Qufora Club

Please contact us and share your thoughts, feedback and ideas.

You can email us at [info@macgregorhealthcare.com](mailto:info@macgregorhealthcare.com) or you can enter your information on our [Contact Us](#) form on our website and we will get back to you as soon as possible.



*"To provide quality medical products and a world class service to help people have a more fulfilled life"*



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