

qufora club[®]

latest news

Sharing experience, hints and tips around irrigation

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Bowel Care

Management of Lower Bowel Dysfunction, including Digital Rectal Examination and Digital Removal of Faeces

Thank you to the Royal College of Nursing (RCN) for the 2019 clinical professional resource for 'Bowel Care: Management of lower bowel dysfunction including digital rectal examination and digital removal of faeces.' The publication is a very comprehensive document integrating knowledge of bowel function, as well as conveying best practice and guidance for assessment, through to the various treatment options including bowel emptying techniques and management of lower bowel dysfunction. Once again, a valuable resource

that can support planning of care, development of treatment pathways and policies for all sectors.

[Download here](#)

Development of a decision guide for transanal irrigation in bowel disorders

(Emmanuel A, Collins C, Henderson M, Lewis L, Stackhouse K. Development of a decision guide for transanal irrigation in bowel disorders. *Gastrointestinal Nursing*. 2019: vol.17, no7.)

We are delighted to let you know about a recent publication.

Transanal irrigation (TAI) is an established therapy to manage bowel dysfunction both in neurogenic and functional bowel disorders. However, as TAI becomes more widespread and with a greater range of products available it can be challenging to ascertain what type of product and regime may be appropriate for the patient. A working party was established to produce a guide for this - Anton Emmanuel, Brigitte Collins, Michelle Henderson, Lisa Lewis and Kelly Stackhouse.

DECISION GUIDE
FOR THE USE OF TRANSANAL IRRIGATION IN ADULTS

The information presented in this 'Decision Guide' booklet for adults, is a step by step guide to support healthcare professionals in the practice of transanal irrigation.

It is intended to aid assessment, choice of equipment, teaching the patient, regime and follow-up.

ASSESSMENT
EQUIPMENT
TEACHING
REGIME
FOLLOW - UP

"The decision guide as I see it will be an easy read tool, to help or support, new and experienced practitioners in the decision on which type of system for which type of condition. It provides structure and guidance that are adjustable to individuals giving reassurance and support for the practitioner, alternately benefiting the user" **Michelle Henderson, Bowel Specialist Nurse, University Hospital of North Durham**

The booklet produced takes on a step by step approach and provides a consensus of factors that are key to patient assessment, selection of the most appropriate equipment and how this can help optimise patient outcomes, as well as help the healthcare professional in their decision making for each individual patient when initiating TAI.

Contact MacGregor Healthcare for more information.

[I No Longer Feel Like A Prisoner In My Own Home](#)

Here is a quote from a patient who had a low anterior resection with covering loop ileostomy. After stoma closure he experienced major LARS symptoms. Now he is using Qufora IrriSedo rectal irrigation system.

"I have had the courage to go back to work and have a social life since using the irrigation system, this is now me for the rest of my life as without this system I would most definitely have asked to have the stoma bag back, which I had while my bowel healed but my bag leaked sometimes and had to wear clothes that disguised the bulge.

I feel more confident now and no longer feel like a prisoner in my own home and I have my life back"

Education days for your diary

Are you coming to the following events to learn more about available treatments for your patients experiencing continence issues?

Just click on the events for more information or book your space with:

- **The Pelvic Floor Society Conference - 6-8 November, Plymouth**
- **MASCIP's 21 Annual Conference - 28 November, Loughborough**
- **MASIC Intrapartum Consent (Fully Informed Shared Decision Making) - 28 November, London**

This is your Qufora Club

Please contact us and share your thoughts, feedback and ideas.

You can email us at info@macgregorhealthcare.com or you can enter your information on our [Contact Us](#) form on our website and we will get back to you as soon as possible.



"To provide quality medical products and a world class service to help people have a more fulfilled life"



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