



Providing NHS services



# Guide for changing **Qufora**<sup>®</sup> drainage bags

Leg and night drainage bags



# Guide for changing Qufora® leg bags

## Before changing your leg bag wash hands and dry thoroughly.

If someone is changing the bag for you they should put on gloves to reduce the risk of cross infection.

Your leg bag should be emptied when it is three quarters full. Your leg bags are normally changed every 5-7 days, however **Qufora®** leg bags can be used for up to 10 days.



With one hand squeeze the end of the **Qufora®** catheter with thumb and forefinger (**behind the funnel area**) to reduce urine leakage.



**Avoid touching the ends of both the bag tubing and the catheter.**  
With other hand disconnect the used bag from the **Qufora®** catheter with a gentle twisting movement.



Remove the protective cap from the new **Qufora®** leg bag and connect the new sterile leg bag into the indwelling catheter straight away. Place the protective cap onto the used drainage bag.



Secure the new bag using the chosen method of support.  
Empty urine from the old leg bag into the toilet or suitable receptacle and then dispose of the bag.



# Guide for attaching a **Qufora**<sup>®</sup> night bag onto a leg bag

For night time drainage a larger, disposable drainable bag or non-drainable bag should be used. These can easily be attached to the leg bag to increase capacity. The **Qufora**<sup>®</sup> night drainage bag should be emptied when it is three quarters full.

Before attaching the overnight bag **wash hands and dry thoroughly**. If someone is attaching the bag for you they should put on gloves to reduce the risk of cross infection.

Gloves are included with the **Qufora**<sup>®</sup> drainable night bags.

1



Ensure that the **Qufora**<sup>®</sup> leg bag is empty of urine before attaching the night bag. Remove protective cap from the disposable, single use or drainable night bag.

2



Push the **Qufora**<sup>®</sup> night bag connector firmly into the outlet drainage tube of the Qufora leg bag. Remove the leg bag strap or bag support sleeve to allow drainage of urine.

3



Open **Qufora**<sup>®</sup> leg bag T-tap or Q-flow valve to allow urine to flow into the **Qufora**<sup>®</sup> night bag.

4



Secure the **Qufora**<sup>®</sup> night bag onto the bed bag stand and ensure that it is positioned lower than the bladder to assist drainage and to prevent back-flow of urine. **Please wash your hands.**

# Disconnecting the night bag

**Wash and dry hands** before removing the night bag.

When the night bag is three quarters full, close the tap on the leg bag (but remember to re-open if connecting another night bag). Disconnect the overnight drainage bag.

Empty the urine from the bag into a toilet or receptacle. Discard your night bag as instructed by your District Nurse or Continence Advisor. Usually this will be put in your household waste.

Secure the leg bag on to the thigh or calf using the leg straps or bag support sleeve.

**Remember to wash and dry your hands afterwards.**

**Qufora®** leg bag pack contains -1 **Qufora®** leg bag (a short tube or long tube, with either T-Tap or Q-flow tap) and a pair of sterile latex free gloves.

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