

qufora club[®]

latest news

Sharing experience, hints and tips around irrigation

- [Transanal irrigation and LARS](#)
- [New and Improved Qufora IrriSedo Klick catheter](#)
- [Great resources for wheelchair users](#)
- [Dates for your diary](#)

["Prophylactic" transanal irrigation \(TAI\) to prevent symptoms of low anterior resection syndrome \(LARS\) after rectal resection: results at 12-months follow-up of a controlled randomized multicenter trial"](#)

Research is an integral part of any healthcare environment yielding enrichment of clinical management and generating continual learning and development. A concept that has been employed for many years by Professor Rosen of the Sigmund Freud University in Vienna, with a particular interest in management of low anterior resection syndrome (LARS). His recent publication ["Prophylactic" transanal irrigation \(TAI\) to prevent symptoms of low anterior resection syndrome \(LARS\) after rectal resection: results at 12-month follow-up of a controlled randomized multicenter trial"](#) is a follow up to his published work of a randomised controlled trial (RCT) in 2019. The 12 month follow up indicates that TAI can reduce defaecation episodes during the day and night as well as decrease the LARS score. However, despite showing beneficial effects the research raises several questions that will require future trials. Nevertheless, Professor Rosen and his team recognise that the result of the initial randomised controlled trial in 2019 suggests that patients must be informed preoperatively about the possibility of LARS as well as the chance to influence symptoms with TAI. A model introduced and published by Deborah Sumner from Watford Hospital in September 2019. Great to see that LARS remains on the research map, which can only

Brigitte Collins

Global Clinical Education Manager

"Taking into account that LARS has to be expected as a frequent problem following low anterior resection (40-80%) the results of our trial indicate that this fact as well as the available therapies should be discussed with patients during the preoperative counseling. In addition, TAI has proven to be helpful in overcoming some of the symptoms associated with LARS, thus giving patients the chance to return back to their normal social and professional life after surgery. However, the results of our trial also show that some open questions still remain to be answered (e.g. the optimal irrigation volume etc.) and will be the topic of research in the future" Dr. Rosen

[Read the abstract here](#)

Great News!

Our Qufora IrriSedo Klick is now even better!

It still works in the same way, with easy to use Klick connectors but now we have a **brand new catheter** to make your patient's irrigation experience even easier and better.

- New Qufora IrriSedo **Klick catheter** is made from soft grey material to make it even more flexible
- It now comes with even smoother coating - just dip in water up to its base and its ready to use!



Our team have created a video for you to see our brand new Qufora IrriSedo Klick catheter.



Qufora representative. If you are not sure who your Qufora representative is just contact MacGregor Healthcare on tel: 0845 519 2040 or email: info@macgregorhealthcare.com



We wanted to let you know about this interesting and informative website Paratravel, run by Craig and Claire. Craig had a spinal cord injury in July 2018, but that hasn't stopped this couple from sharing their life and travel adventures. They have a Youtube channel too, with many tips on making the most of life, including bowel and bladder management. Well worth a look.

<http://www.paratravel.co.uk/> - Travelling in a Wheelchair

<https://livingwithparalysis.com/> - Disability Lifestyle Articles

<https://www.youtube.com/c/paralife> - Videos about living and travelling with paralysis

[Education days for your diary](#)

We have put together a list of conferences that are scheduled for 2020. Unfortunately the organisers for some of the conferences have had to make the very difficult decision to cancel/postpone scheduled events to ensure that everybody is kept safe during these difficult times.

Click on the links below for more information or to register. Our fabulous Qufora team are looking forward to meeting you at some of these future events to share with you their knowledge how you can help your patients with continence issues.

- [POGP national conference 2020](#) - 2-3 October, York - **Postponed**
- [ERIC Paediatric Continence Care Conference](#) - 6 October, Birmingham Metropole
- [MASCIP's 22 Annual Conference](#) - 12 November, Loughborough
- [MS Trust Conference](#) - 28 February - 2 March 2021

This is your Qufora Club

Please contact us and share your thoughts, feedback and ideas.



"To provide quality medical products and a world class service to help people have a more fulfilled life"

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