ASSESSMENT FOR INITIATION OF TRANSANAL IRRIGATION

IN CONJUNCTION WITH THE **‘DECISION GUIDE’**

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| Patient Name | Click or tap here to enter text. | Healthcare Professional | Click or tap here to enter text. |
| DOB | Click or tap here to enter text. | Hospital/Community | Click or tap here to enter text. |
| NHS/Unit No. | Click or tap here to enter text. | Date | Click or tap here to enter text. |

**SUMMARY OF BOWEL DYSFUNCTION AND OTHER TREATMENTS TRIED:**

Inadequate response to conservative treatment and/or lifestyle changes OR is unable to initiate these due to medical condition

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| **DIAGNOSIS OF** (check box ⌧)  Constipation (slow transit, opioid, IBS-C, idiopathic)  Faecal incontinence (urge/urgency, passive, post defaecation)  Low anterior resection syndrome (LARS)  Evacuation difficulties (obstructed defaecation)  Neurological (SCI, MS, Parkinson’s, spina bifida, cauda equina) |

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| **POINTS FOR ASSESSMENT** (check box ⌧)  Toilet position/evacuation technique  Stability on toilet/good balance  Manual function/dexterity/strength/wrist flexibility  Body habitus/buttock contour/size  Skin integrity  Psychological function – cognitive, language, visual  Examination features/perianal sensation/anal tone  Medical/surgical history  Home environment  Availability of care provision (if carers are required to assist) | **ASSESSMENT FOR IRRIGATION:**  Click or tap here to enter text. |

**RESULTS OF DRE:**

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| Dates of DRE | **Click or tap here to enter text.** |
| Who completed | **Click or tap here to enter text.** |
| Results  Full/empty rectum  Hard/soft stool | **Click or tap here to enter text.** |

**FOLLOWING ASSESSMENT DISCUSS:**

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| How TAI works | **Choose an item.** |
| Risks (including perforation) | **Choose an item.** |
| Benefits of TAI | **Choose an item.** |

**CONTRAINDICATIONS:**

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| **Irrigation should not be used under the following circumstances (absolute contraindications):** |
| * Known anal or colorectal stenosis * Colorectal cancer/pelvic malignancy pre surgical removal * Acute inflammatory bowel disease * Acute diverticulitis * Within 3 months of anal or colorectal surgery * Within 4 weeks of endoscopic polypectomy * Ischaemic colitis   **Since the list is not exhaustive a healthcare professional should always consider individual patient factors as well.** |

**CAUTION**

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| **Rectal irrigation is not recommended for:** |
| * Children below 3 years of age * Pregnancy or planned pregnancy or breast feeding |

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| **Use rectal irrigation only after careful discussion with relevant medical practitioner under the following circumstances (relative contraindications):** |
| * Inflammatory bowel disease (e.g. Crohn’s disease or ulcerative colitis) * Active perianal sepsis (fistula or abscess, third or fourth degree haemorrhoids) * Previous rectal or colonic surgery * Diarrhoea of unknown aetiology * Faecal impaction/rectal constipation * Severe autonomic dysreflexia * Severe diverticulosis or diverticular abscess * Abdominal or pelvic irradiation * Long term steroid therapy * Anti-coagulant therapy * Low blood sodium * Previous severe pelvic surgery * Colonic biopsy within the past 3 months * Use of rectal medications for other diseases which may be diluted by irrigation * Congestive cardiac failure |

**PROMS TO BE COMPLETED AS PER CONDITION:** (before 1st irrigation and at 3 months)

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| **PAC-SYM score** | | **ICIQ-B score** | | **NBD score** | | **LARS score** | | **Other score** | |
| Before: | After: | Before: | After: | Before: | After: | Before: | After: | Before: | After: |
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**CHOOSING EQUIPMENT:** (check box ⌧)

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| Irrigation regime to be used at home (from decision guide) | Regime 1 |  | Regime 2 |  | Regime 3 |  | Regime 4 |  |

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| Low volume +/- extension tube |  | High volume cone |  | High volume catheter |  | Bed system |  |
| Product chosen: | **Choose an item.** | | | | | | |

**TEACHING PATIENT:** (check contraindications for chosen product)

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| 1. Show product in packaging | **Choose an item.** |
| 1. Demonstrate how to assemble equipment | **Choose an item.** |
| 1. Once assembled:  * Demonstrate filling of water bag * Demonstrate how to prime the system (run water through the system) | **Choose an item.** |
| 1. Using the plastic rectum show insertion of cone/catheter system  * How to hold cone in rectum * Inflation of balloon (if using catheter system) as per manufacturers guidance | **Choose an item.** |
| 1. Once in place:  * Demonstrate how to instil water | **Choose an item.** |
| 1. Demonstrate:  * Removal of cone * Deflation of balloon * Emptying of water | **Choose an item.** |
| 1. Show how to dispose of single use equipment | **Choose an item.** |
| 1. Demonstrate cleaning and storing of the equipment | **Choose an item.** |
| 1. Has the patient demonstrated use of equipment? | **Choose an item.** |
| 1. The patient has completed first irrigation in clinic/home? | **Choose an item.** |
| 1. Ordering information given to the patient? | **Choose an item.** |

If the patient is unable to use the transanal irrigation system in the clinical setting encourage the patient to repeat the above process to ensure a complete understanding and knowledge of how to use the equipment.

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| **Date:** | **Signature (HCP):** | **Print (HCP):** |
| **Date:** | **Signature (Patient):** | **Print (Patient):** |

**FOLLOW UP REVIEW:**

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| HCP to complete patient home information booklet: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

**→** Review regime/routine (ensure daily, is morning convenient, should this be changed to evenings?)

**→** Volumes and results (is volume of water enough or too much?)

**→** Compliance (ensure continuing to find optimal routine)

**→** Technique (check technique, assembly of system, address any problems)

**→** Supplies (is the patient getting regular supplies and on time?)

**→** Adjust, alter, and encourage to persevere

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| **Follow up 1 date** (after 1-2 weeks)  **Click or tap here to enter text.** |

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| **Follow up 2 date** (after 4 weeks)  **Click or tap here to enter text.** |

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| **Follow up 3 date** (after 6-8 weeks)  **Click or tap here to enter text.** |

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| **Follow up 4 date** (after 3 months)  **Click or tap here to enter text.** |